



Name:

Student #:

Health and Wellness

Bundled Credits

A total of 9 from the following:

- 4 major credits in Health and Wellness (combination of 2/2, 1/3, or 3/1 from Gr. 11 and 12 major credits)
- Supporting credits: 3 other credits from English, Math; and Social Sciences, Humanities, or Science
- 2 sector related co-operative education credits

Contextualized Learning Activities

Supporting credits, such as: English, Math, Art, Business, or Science, include units and other opportunities for SHSM students to learn in the context of Health and Wellness

Experiential Learning

- Job-shadowing, job-twinning, work experience
- 1-2 week work experience in Health and Wellness based sector
- Field trips, other workplace experiences for students to explore careers related to Health and Wellness

Reach-Ahead Experiences

In the field and sectors considered as a post-secondary destination, ranging from a few hours to full courses (dual credit programs).

Certifications and Awareness Training

You'll complete 4 sector-recognized certifications, along with 3 electives.

SHSM Approved Courses for Health and Wellness Sector

11/12 Major		English	Math	11/12 Other		Co-op	
<input type="checkbox"/> GPP3O	<input type="checkbox"/> HFA4C	<input type="checkbox"/> ENG3C	<input type="checkbox"/> MAP4C	<input type="checkbox"/> HPW3C	<input type="checkbox"/> HFA4C	<input type="checkbox"/> GLC2OD	
<input type="checkbox"/> HIP3O	<input type="checkbox"/> HFA4U	<input type="checkbox"/> ENG3E	<input type="checkbox"/> MBF3C	<input type="checkbox"/> HSP3C	<input type="checkbox"/> HFA4U		
<input type="checkbox"/> HRT3M	<input type="checkbox"/> HHS4C	<input type="checkbox"/> ENG3U	<input type="checkbox"/> MCF3M	<input type="checkbox"/> HSP3U	<input type="checkbox"/> HHS4C		
<input type="checkbox"/> HLS3O	<input type="checkbox"/> HHS4U	<input type="checkbox"/> ENG4C	<input type="checkbox"/> MCR3U	<input type="checkbox"/> NDA3M	<input type="checkbox"/> HHS4U		
<input type="checkbox"/> HSP3C	<input type="checkbox"/> HIP4O	<input type="checkbox"/> ENG4E	<input type="checkbox"/> MCT4C	<input type="checkbox"/> ICS3C	<input type="checkbox"/> HZT4U		
<input type="checkbox"/> HSP3U	<input type="checkbox"/> HZT4U	<input type="checkbox"/> ENG4U	<input type="checkbox"/> MCV4U	<input type="checkbox"/> ICS3U	<input type="checkbox"/> ICS4C		
<input type="checkbox"/> NDA3M	<input type="checkbox"/> PAF4O	<input type="checkbox"/> OLC4O	<input type="checkbox"/> MDM4U	<input type="checkbox"/> SBI3C	<input type="checkbox"/> ICS4U		
<input type="checkbox"/> PAD3O	<input type="checkbox"/> PPL4O		<input type="checkbox"/> MEL3E	<input type="checkbox"/> SBI3U	<input type="checkbox"/> SBI4U		
<input type="checkbox"/> PAF3O	<input type="checkbox"/> PSK4U		<input type="checkbox"/> MEL4E	<input type="checkbox"/> SCH3U	<input type="checkbox"/> SCH4C		
<input type="checkbox"/> PPL3O	<input type="checkbox"/> SBI4U		<input type="checkbox"/> MHF4U	<input type="checkbox"/> SPH3U	<input type="checkbox"/> SCH4U		
<input type="checkbox"/> SBI3C	<input type="checkbox"/> SCH4C			<input type="checkbox"/> SVN3E	<input type="checkbox"/> SES4U		
<input type="checkbox"/> SBI3U	<input type="checkbox"/> SCH4U				<input type="checkbox"/> SPH4C		
<input type="checkbox"/> SCH3U	<input type="checkbox"/> SPH4C				<input type="checkbox"/> SPH4U		
<input type="checkbox"/> SPH3U	<input type="checkbox"/> SPH4U				<input type="checkbox"/> HIP4O		
<input type="checkbox"/> SVN3E	<input type="checkbox"/> TPJ4M				<input type="checkbox"/> HSE4M		
<input type="checkbox"/> TPJ3M					<input type="checkbox"/> PSK4U		
<input type="checkbox"/> GLC2OS*				<input type="checkbox"/> GLC2OS*			

Program Pathways for Health and Wellness Sector

Credits	Workplace		Apprenticeship		College		University	
	Gr.11	Gr. 12	Gr.11	Gr. 12	Gr.11	Gr. 12	Gr.11	Gr. 12
Health and Wellness Major	2	2	2	2	2	2	2	2
Includes content delivered in the sector's context	English			1		1		1
	Mathematics		1		1		1	
	Social Sciences, Humanities or Science		1		1		1	
Co-operative Education	2		2		2		2	
Total Number of Credits	9		9		9		9	

Certifications and Awareness Training for Health and Wellness Sector

CPR	WHMIS	Infection Control	Standard First Aid
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>